

## SEPTEMBER 2022

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Pot Roast w/Gravy Boiled Potatoes*, Carrots & Onions Cranberry Fruit Salad*	2 Tuna Salad on Lettuce  Dinner Roll*, Broccoli Salad Mixed Melon*
5	6 Hamburger on Bun* w/Assorted Toppings German Potato Salad*, Pears*	7 Sausage Ratatouille Pasta*, Tossed Salad Mandarin Orange Dessert*	8 Meatloaf w/Gravy Lyonnais Potatoes* Green Beans, Fruit Cocktail*	9 Macaroni & Cheese* Zucchini & Stewed Tomatoes Ambrosia Salad*
12 Hot Meatball Sub* Wax Beans w/Pimentos Mandarin Oranges*	13 Chicken Salad *on Lettuce Dinner Roll*, Marinated Tomatoes & Green Peppers, Watermelon*	14 Roast Pork w/Gravy Peas & Carrots*, Mixed Berries over Angel Food Cake*	15 Stuffed Peppers Pasta*, Mixed Vegetables Hot Spiced Pears*	16 Honey Roasted Chicken O'Brien Potatoes*, White & Green Beans*, Cantaloupe*
19 Dijon Chicken Roasted Potatoes*, Mixed Vegetables, Fruit Cocktail*	20 Beef Stroganoff* Lima Beans* Fruit Salad*	21 Ham Salad * w/ Lettuce, Tomatoes, Onion Dinner Roll*, Watergate Salad*	22 Lime Pork Pasta*, Peas * Peach Shortcake*	23 Hot Dog on Bun* w/Meat Sauce, Macaroni Salad* Zucchini*, Watermelon
26 Sloppy Joe on Bun* Corn* Peaches*	27 Taco Pie* w/Lettuce & Tomato Summer Salad w/Citrus Sauce*	28 Yogurt Parmesan Chicken* Sweet Potatoes* Tossed Salad, Apple Slices*	29 Orange Pork Brown Rice, Summer Squash Mojito Fruit Salad	30 Blackened Fish Sour Cream Potatoes Broccoli, Pears*
<b>Palmyra</b>  Village Park & Club Rooms 149 East Main St. 315-597-4015	<b>Newark</b>  Emmanuel Methodist Church 301 East Miller St. 315-331-8755	<b>Clyde</b>  United Methodist Church 84 Sodus Street 315-359-3119	<b>Ontario</b>  Brown Square Apartments 2100 Brown Square 315-524-3034	<b>Sodus</b>  47 Maple Ave. Suite 200 315-729-1490